

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	 (1)	(2) Whole Grain Muffin Baby Carrots 100% Fruit Juice 1% Milk Skim Milk	(3) Low Sugar Cereal Applesauce Cup Banana 1% Milk Skim Milk	(4) Hard Boiled Egg (1) Graham Crackers (1 pk) 100% Fruit Juice Banana 1% Milk Skim Milk
(7) Low Sugar Cereal Fresh Apple 100% Fruit Juice 1% Milk Skim Milk	(8) Cheese Sandwich on WW Bread Applesauce Banana 1% Milk Skim Milk	(9) Low Sugar Cereal 100% Fruit Juice Banana 1% Milk Skim Milk	(10) Whole Grain Muffin Fresh Apple Banana 1% Milk Skim Milk	(11) Low Sugar Cereal Fresh Apple 100% Fruit Juice 1% Milk Skim Milk
(14) 3 pk Honey Graham Crackers (2 packs) Mozzarella Cheese Stick 100% Fruit Juice Banana 1% Milk, Skim Milk	(15) Low Sugar Cereal Applesauce Banana 1% Milk Skim Milk	(16) Whole Grain Muffin Baby Carrots 100% Fruit Juice 1% Milk Skim Milk	(17) Low Sugar Cereal Chilled Applesauce Banana 1% Milk Skim Milk	(18) Whole Wheat Bagel w/ Cream Cheese and Jelly 100% Fruit Juice Banana 1% Milk Skim Milk
(21) SCHOOLS CLOSED FOR DR. MARTIN LUTHER JR DAY	(22) Egg Salad Sandwich on WW Bread Applesauce Banana 1% Milk Skim Milk	(23) Low Sugar Cereal Mozzarella Cheese Stick 100% Fruit Juice Banana 1% Milk Skim Milk	(24) WW English Muffin w/ Margarine and Jelly Chilled Pears Banana 1% Milk, Skim Milk	(25) Low Sugar Cereal 100% Fruit Juice Banana 1% Milk Skim Milk
(28) Hard Boiled Egg (1) Graham Crackers (1 pack) 100% Fruit Juice Banana 1% Milk Skim Milk	(29) Cheese Sandwich on WW Bread Applesauce Banana 1% Milk Skim Milk	(30) Whole Grain Muffin Baby Carrots Banana 1% Milk Skim Milk	(31) Whole Wheat Bagel w/ Cream Cheese and Jelly 100% Fruit Juice Banana 1% Milk Skim Milk	

GREATER BRUNSWICK CHARTER SCHOOL



January 2019 BREAKFAST MENU

ALSO PROVIDED DAILY: LACTAID and SOY MILK

Consuming raw or undercooked meat, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

This institution is an equal opportunity provider.

Allthingskidz Catering

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*Fruits subject to change based upon seasonal availability