

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

		<ul style="list-style-type: none"> <li>-BBQ Chicken &amp; Dinner Roll</li> <li>-Mashed Potatoes</li> <li>-Roasted Cabbage</li> <li>-Watermelon Slice</li> <li>-1% or Skim Milk</li> </ul>	<ul style="list-style-type: none"> <li>-Turkey Hot Dog on WW Bun</li> <li>-Vegetarian Beans</li> <li>-Cucumber Coins</li> <li>-Chilled Pineapples</li> <li>-1% or Skim Milk</li> </ul>	<ul style="list-style-type: none"> <li>-French Toast (2)</li> <li>-Turkey Sausage Links (2)</li> <li>-Fresh Baby Carrots</li> <li>-Chilled Pears</li> <li>-1% or Skim Milk</li> </ul>
<ul style="list-style-type: none"> <li>-Cheese Lasagna</li> <li>-Romaine Salad w/Tomatoes</li> <li>-Steamed Carrots</li> <li>-Fresh Apple</li> <li>-1% or Skim Milk</li> </ul>	<ul style="list-style-type: none"> <li>-Cheeseburger on WW Bun</li> <li>-French Fries</li> <li>-Chilled Pears</li> <li>-1% or Skim Milk</li> </ul>	<ul style="list-style-type: none"> <li>-Cheese Quesadillas</li> <li>-Salsa</li> <li>-Black Beans</li> <li>-Chilled Peaches</li> <li>-1% or Skim Milk</li> </ul>	<ul style="list-style-type: none"> <li>-Chicken Nuggets</li> <li>-Mashed Potatoes</li> <li>-Broccoli</li> <li>-Chilled Pineapples</li> <li>-1% or Skim Milk</li> </ul>	<ul style="list-style-type: none"> <li>-Beef Tacos w/shredded cheese</li> <li>-Corn</li> <li>-Shredded Lettuce</li> <li>-Applesauce</li> <li>-1% or Skim Milk</li> </ul>
<ul style="list-style-type: none"> <li>-Baked Cheese Ziti</li> <li>-Fresh Baby Carrots</li> <li>-Romaine Salad w/Cucumbers and Tomatoes</li> <li>-Fresh Apple</li> <li>-1% or Skim Milk</li> </ul>	<ul style="list-style-type: none"> <li>-Chicken Tomato Bake</li> <li>-Steamed Cauliflower</li> <li>-WW Dinner Roll</li> <li>-Chilled Pears</li> <li>-1% or Skim Milk</li> </ul>	<ul style="list-style-type: none"> <li>-Ground Beef and Macaroni w/ Mexican Seasoning</li> <li>-Corn</li> <li>-Chilled Pineapples</li> <li>-1% or Skim Milk</li> </ul>	<ul style="list-style-type: none"> <li>-Bean Burrito w/Cheese</li> <li>-Salsa</li> <li>-Spanish Rice</li> <li>-Steamed Broccoli</li> <li>-Chilled Pineapples</li> <li>-1% or Skim Milk</li> </ul>	<ul style="list-style-type: none"> <li>-Pizza Bagel (2 halves)</li> <li>-Romaine Salad w/Tomatoes</li> <li>-Chilled Applesauce</li> <li>-1% or Skim Milk</li> </ul>
<p><b>SCHOOLS CLOSED FOR DR. MARTIN LUTHER KING, JR DAY</b></p>	<ul style="list-style-type: none"> <li>-Chicken Patty on WW Bun</li> <li>-French Fries</li> <li>-Chilled Pears</li> <li>-1% or Skim Milk</li> </ul>	<ul style="list-style-type: none"> <li>-Vegetable Wrap w/Cheese</li> <li>-Black Bean Salad</li> <li>-Sweet Potato Fries</li> <li>-Chilled Peaches</li> <li>-1% or Skim Milk</li> </ul>	<ul style="list-style-type: none"> <li>-Tuna Salad Cup</li> <li>-Tomato Salad</li> <li>-Chilled Applesauce</li> <li>-1% or Skim Milk</li> </ul>	<ul style="list-style-type: none"> <li>-French Toast (2)</li> <li>-Turkey Sausage Links (2)</li> <li>-Fresh Baby Carrots</li> <li>-Chilled Pears</li> <li>-1% or Skim Milk</li> </ul>
<ul style="list-style-type: none"> <li>-Grilled Cheese</li> <li>-Romaine Salad w/Tomatoes And Cucumbers</li> <li>-Chilled Peaches</li> <li>-1% or Skim Milk</li> </ul>	<ul style="list-style-type: none"> <li>-Broccoli, Cheese and Rice Casserole</li> <li>-Green Peas</li> <li>-Chilled Pineapples</li> <li>-1% or Skim Milk</li> </ul>	<ul style="list-style-type: none"> <li>-Beef Tacos w/shredded cheese</li> <li>-Black Bean Salad</li> <li>-Shredded Lettuce</li> <li>-Applesauce</li> <li>-1% or Skim Milk</li> </ul>	<ul style="list-style-type: none"> <li>-Cheeseburger on WW Bun</li> <li>-French Fries</li> <li>-Chilled Pears</li> <li>-1% or Skim Milk</li> </ul>	

**GREATER BRUNSWICK CHARTER SCHOOL JANUARY 2019 LUNCH MENU**

ALSO PROVIDED DAILY: 3 GARDEN SALADS WITH CHEESE LUNCH ALTERNATES, SKIM MILK, LACTAID MILK, 2 CHEESE SANDWICHES

*Consuming raw or undercooked meat, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions. This institution is an equal opportunity provider.*

**Allthingskidz Catering**

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\*Fruits subject to change based upon seasonal availability