

Breakfast K-8

FEBRUARY 2024

MON	TUE	WED	THU	FRI
			1 Plain Bagel w/ Cream Cheese Applesauce & 100% Orange Juice	2 Blueberry Muffin Fresh Orange & 100% Pineapple Juice
5 Banana Muffin Raisins & Applesauce	6 Strawberry Yogurt Graham Crackers Diced Pineapple & 100% Apple Juice	7 Multi-Grain Frosted Flakes Graham Crackers Diced Peaches & 100% Grape Juice	8 RS Cinnamon Toast Crunch Graham Crackers Applesauce & 100% Orange Juice	9 Cinnamon Crisp Bar Raisins & 100% Grape Juice
12 Cherry Cocoa Bar Fresh Pear & 100% Pineapple Juice	13 Strawberry Yogurt Graham Crackers Diced Pineapple & 100% Apple Juice	14 Honey Cheerios Graham Crackers Diced Peaches & 100% Grape Juice	15 Plain Bagel w/ Cream Cheese Applesauce & 100% Orange Juice	16 Apple Jacks Graham Crackers Raisins & 100% Grape Juice
19 No School	20 Strawberry Yogurt Graham Crackers Fresh Apple & Diced Pineapple	21 Cinnamon Raisin Bagel w/ Butter Diced Peaches & 100% Grape Juice	22 Honey Cheerios Graham Crackers Fresh Apple & 100% Orange Juice	23 Cherry Cocoa Bar Fresh Pear & 100% Pineapple Juice
26 Cinnamon Crisp Bar Raisins & 100% Grape Juice	27 Strawberry Yogurt Graham Crackers Diced Pineapple & 100% Apple Juice	28 Multi-Grain Cinnamon Flakes Graham Crackers Diced Peaches & 100% Grape Juice	29 Plain Bagel w/ Cream Cheese Applesauce & 100% Orange Juice	

DID YOU KNOW...

- ✓ All grain products are whole grain rich
- ✓ There are no pork products on this menu
- ✓ Meats are lean and cheeses are low fat
- ✓ All products contain Zero Trans Fats, No Artificial Colors and Sweeteners, and No High Fructose Corn Syrup

Breakfast Milk Choices

1% Milk and Skim Milk

Please Note

If, you have a food allergy please speak to your school nurse

Menu is subject to change.

Vegetarian Meal Options are indicated with a "V"

