

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Banana Muffin v Diced Peaches 100% Grape Juice	2 Reduced Sugar Cinnamon Toast Crunch v Graham Crackers Applesauce 100% Orange Juice	3 v Cinnamon Crisp Bar Fresh Banana 100% Pineapple Juice
6 No School	7 No School	8 Honey Bunches of Oats v Graham Crackers Diced Peaches 100% Grape Juice	9 Plain Bagel v w/ Cream Cheese Applesauce 100% Orange Juice	10 Multi-Grain Cinnamon Flakes v Graham Crackers Fresh Banana 100% Pineapple Juice
13 v Cinnamon Crisp Bar Cranberries 100% Fruit Juice	14 v Strawberry Yogurt Graham Crackers Diced Pineapple 100% Apple Juice	15 Multi-Grain Cinnamon Flakes v Graham Crackers Diced Peaches 100% Grape Juice	16 Plain Bagel v w/ Cream Cheese Applesauce 100% Orange Juice	17 v Blueberry Muffin Fresh Banana 100% Pineapple Juice
20 v Multi-Grain Cheerios Graham Crackers Cranberries 100% Fruit Juice	21 v Raspberry Yogurt Graham Crackers Diced Pineapple 100% Apple Juice	22 v Cinnamon Raisin Bagel w/ Butter Diced Peaches 100% Grape Juice	23 Honey Bunches of Oats v Graham Crackers Applesauce 100% Orange Juice	24 v Cherry Cocoa Bar Fresh Banana 100% Pineapple Juice
27 Multi-Grain Frosted Flakes v Graham Crackers Cranberries 100% Fruit Juice	28 v Strawberry Yogurt Graham Crackers Diced Pineapple 100% Apple Juice	29 Banana Muffin v Diced Peaches 100% Grape Juice	30 Reduced Sugar Cinnamon Toast Crunch v Graham Crackers Applesauce 100% Orange Juice	31 v Cinnamon Crisp Bar Fresh Banana 100% Pineapple Juice

DID YOU KNOW...

- All grain products are whole grain rich
- There are no pork products on this menu
- Meats are lean and cheeses are low fat
- All products contain Zero Trans Fats, No Artificial Colors and Sweeteners, and No High Fructose Corn Syrup

Breakfast Milk Choices

1% Milk
Skim Milk

PLEASE NOTE

- If you have a food allergy please speak to your school nurse
- Menu is subject to change.

Vegetarian items are

